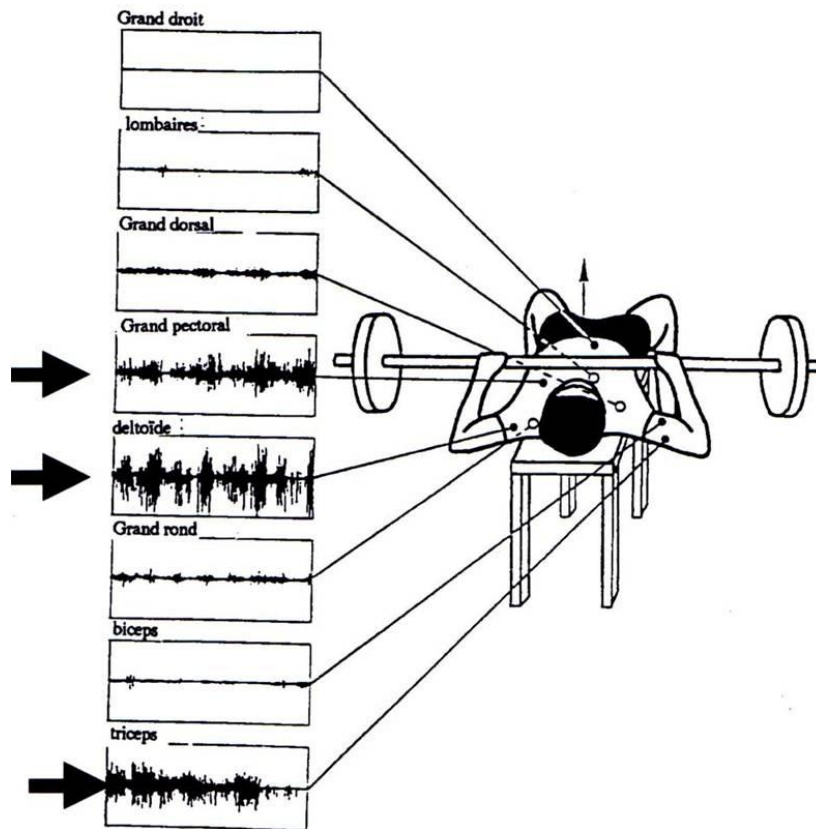


ANATOMIE DU DÉVELOPPÉ COUCHÉ

Vianney SELIN – viaselin@gmail.com

EMG DÉVELOPPÉ COUCHÉ



: analyse électromyographique du développé couché (d'après Kuntz et coll. 1988)

GRAND PECTORAL

TRICEPS BRACHIAL
Vianney SEULIN - vianseul@gmail.com

DELTOIDE

SQUELETTE



CAGE THORACIQUE



Vianney SELIN - viaselin@gmail.com

CÔTES



7 PAIRES DE VRAIES
CÔTES



3 PAIRES DE FAUSSES
CÔTES



2 PAIRES DE CÔTES
FLOTTANTES

STERNUM

INCISURE JUGULAIRE

INCISURES CLAVICULAIRE

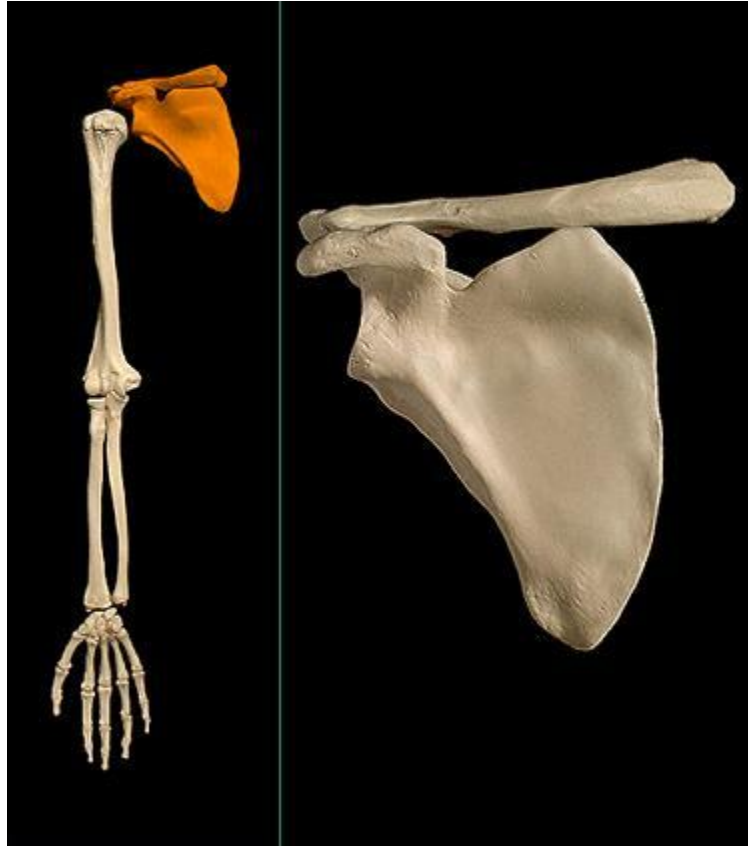
MANUBRIUM

CORPS

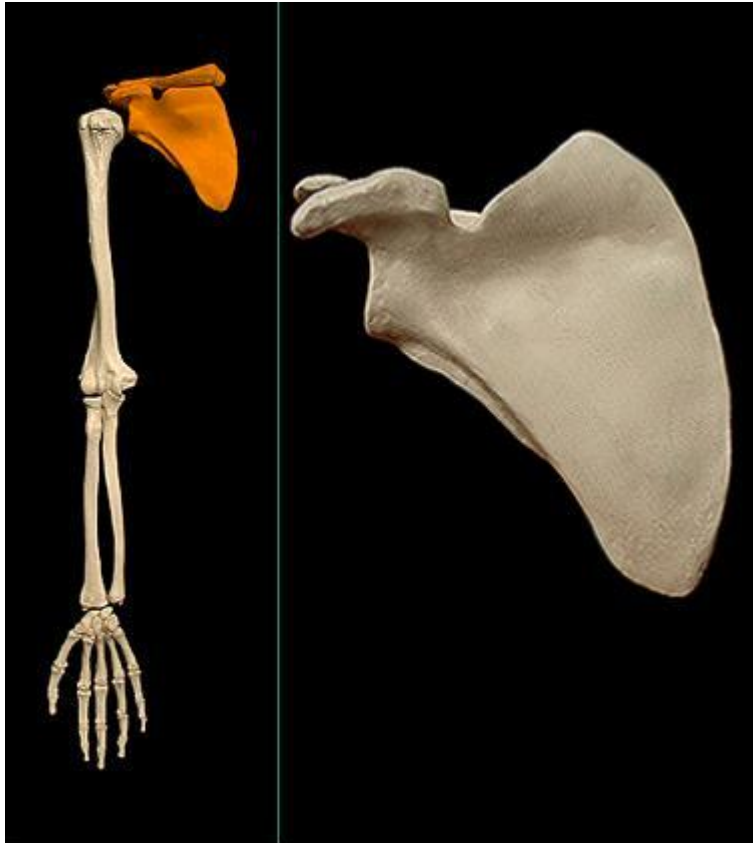
PROCESSUS
XIPHOIDE

INCISURES COSTALES

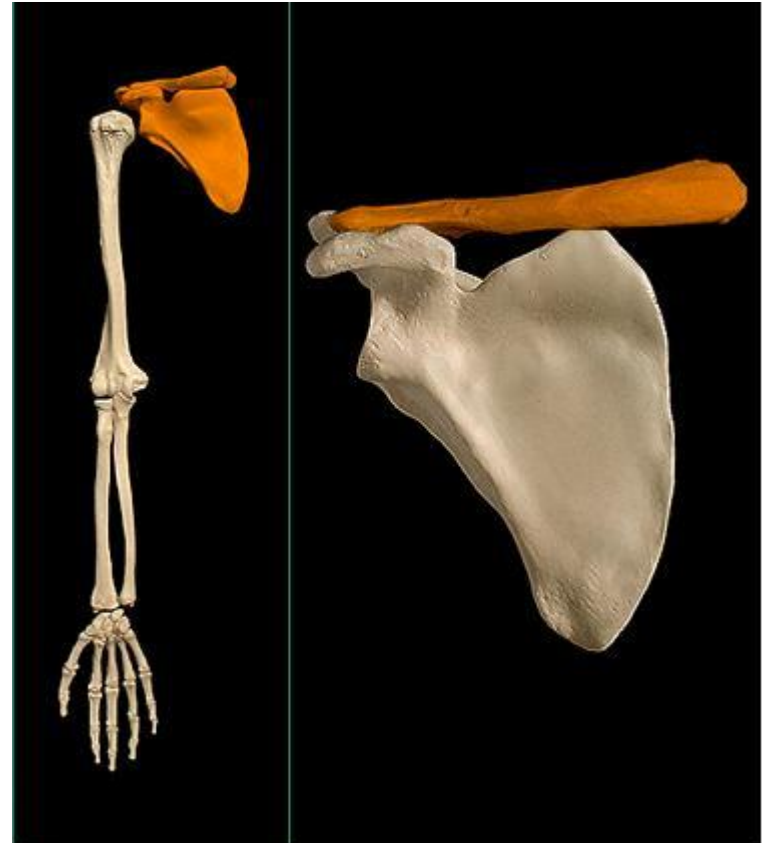
EPAULE



SCAPULA ET CLAVICULE

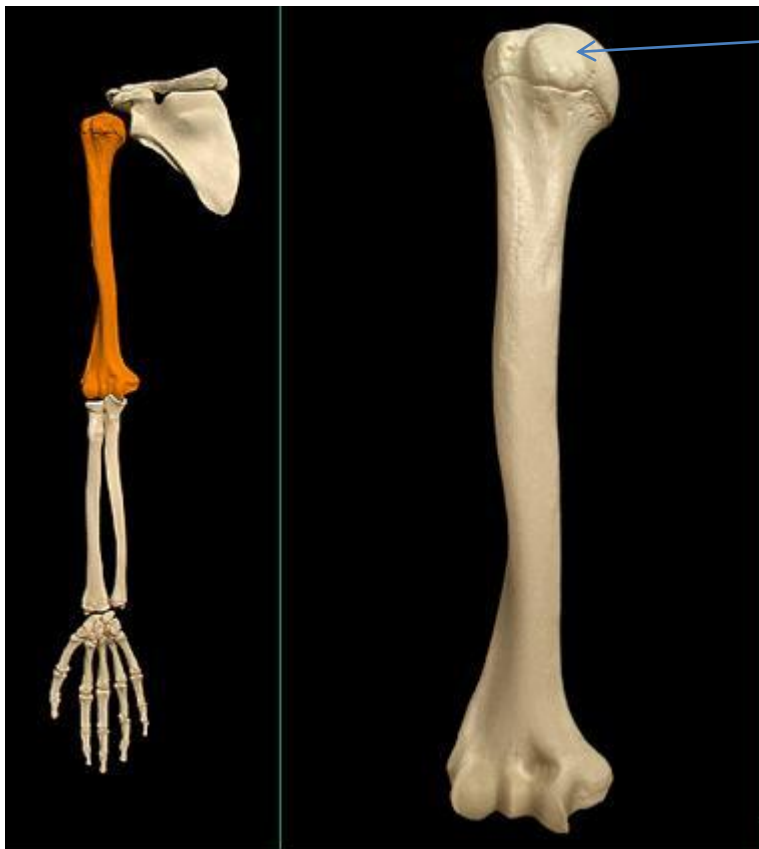


SCAPULA (OMOPLATE)



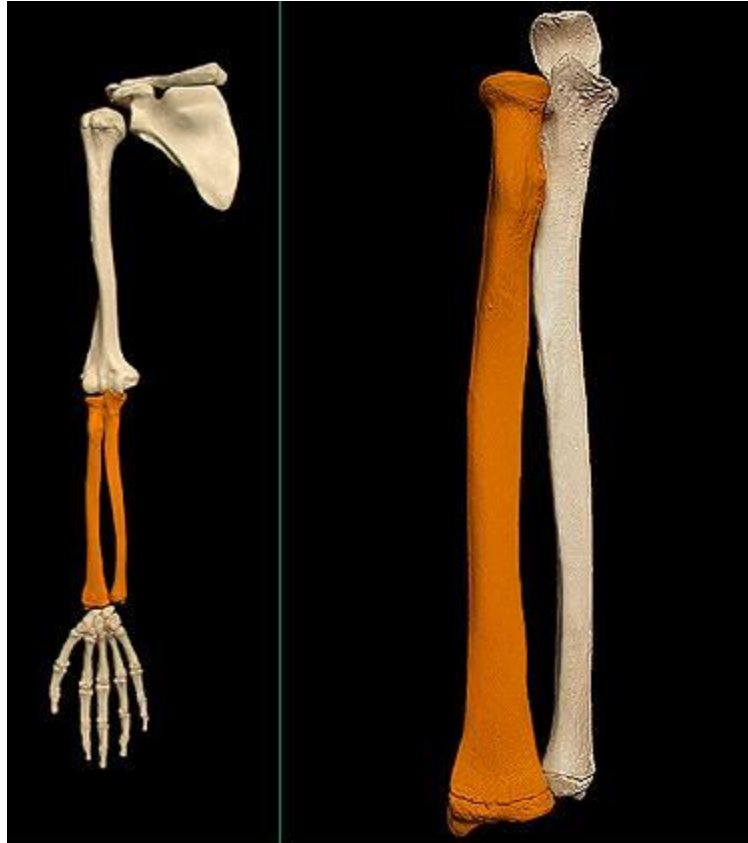
CLAVICULE

HUMERUS



TÊTE DE L'HUMERUS

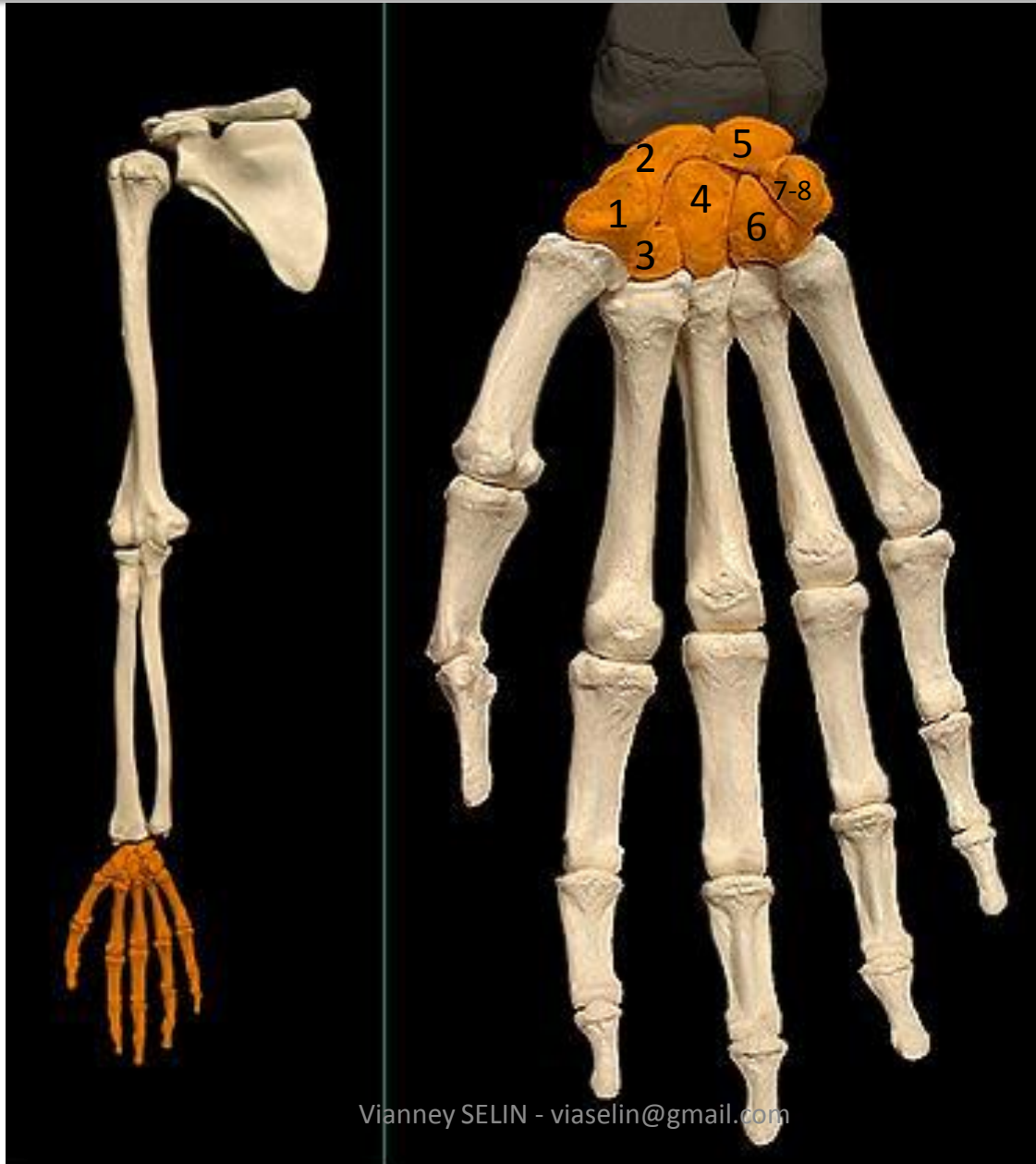
RADIUS



ULNA (CUBITUS)

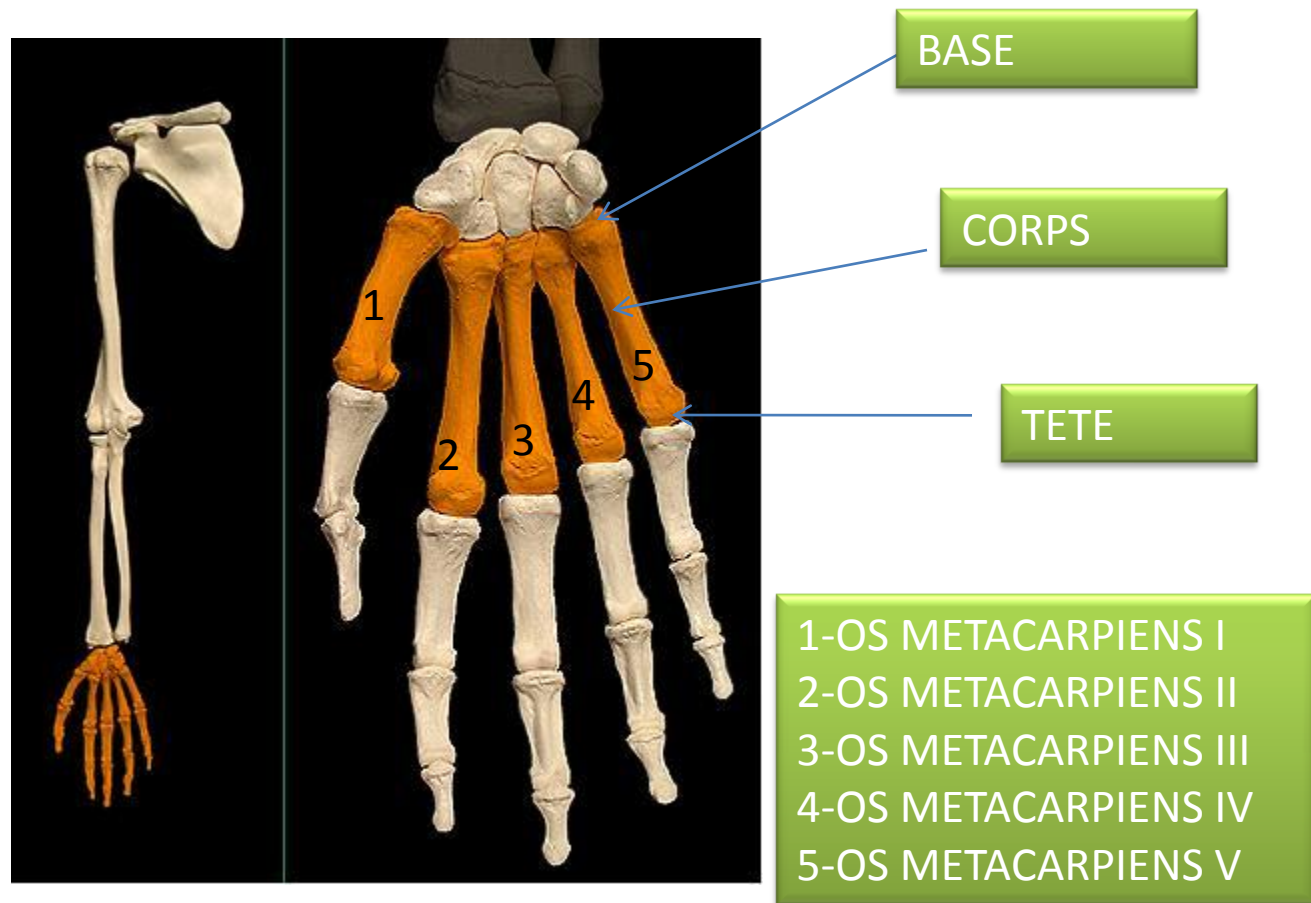


CARPE

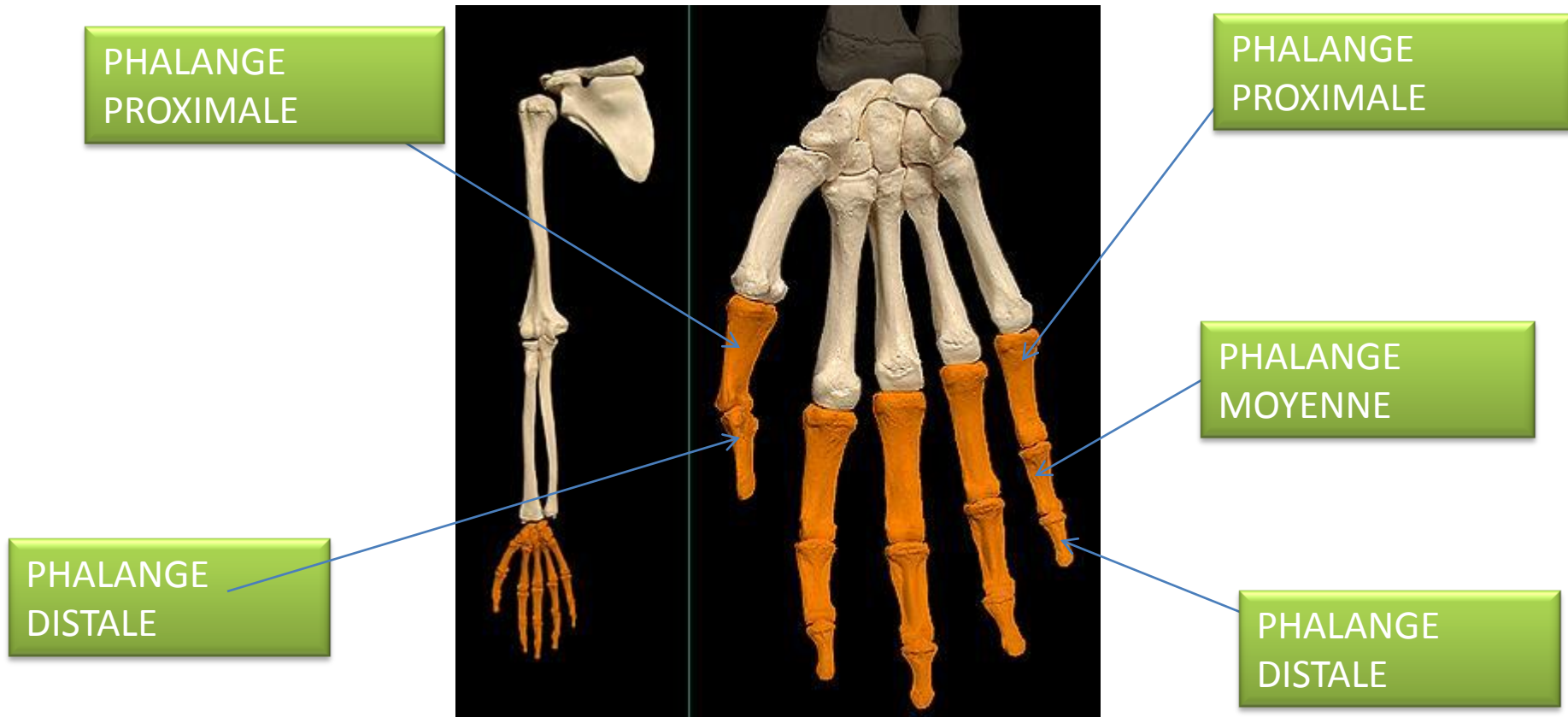


- 1- TRAPÈZE
- 2-SCAPHOIDE
- 3-TRAPÈZOIDE
- 4-CAPITATUM
- 5-LUNATUM
- 6-HAMATUM
- 7-PISIFORME-en superficiel
- 8-PYRAMIDAL-en profond

METACARPE



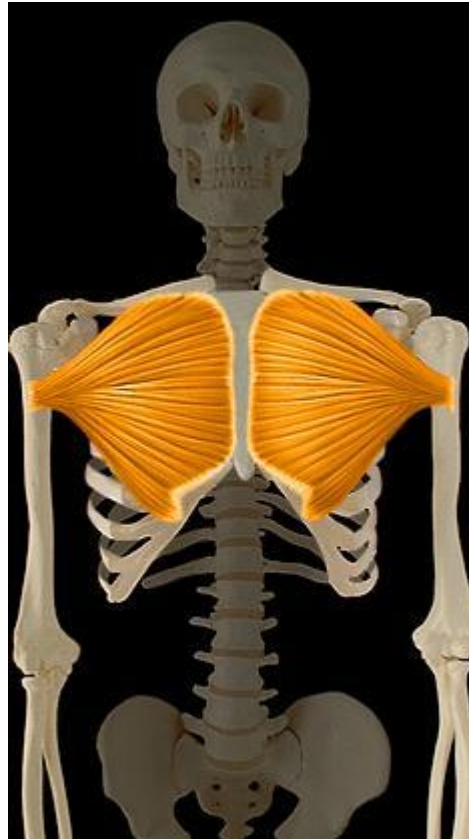
PHALANGES



MUSCLES

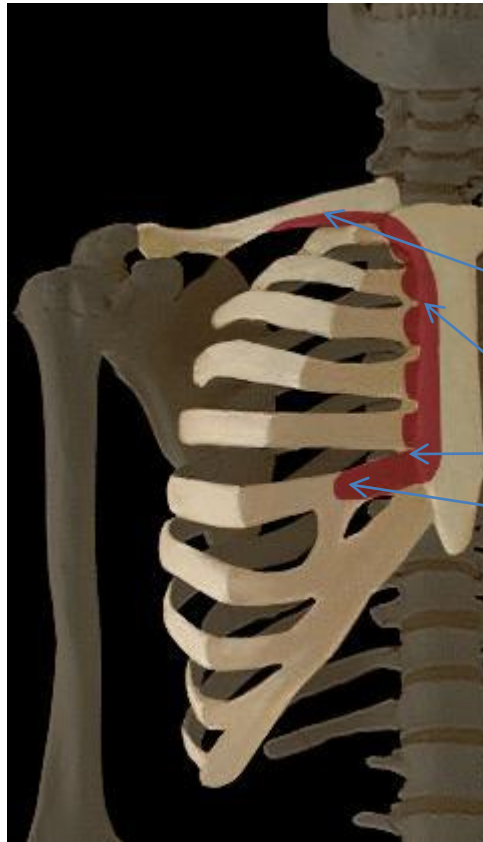


GRAND PECTORAL



ADDUCTION / ENDOROTATION

ORIGINE ET TERMINAISON GRAND PECTORAL

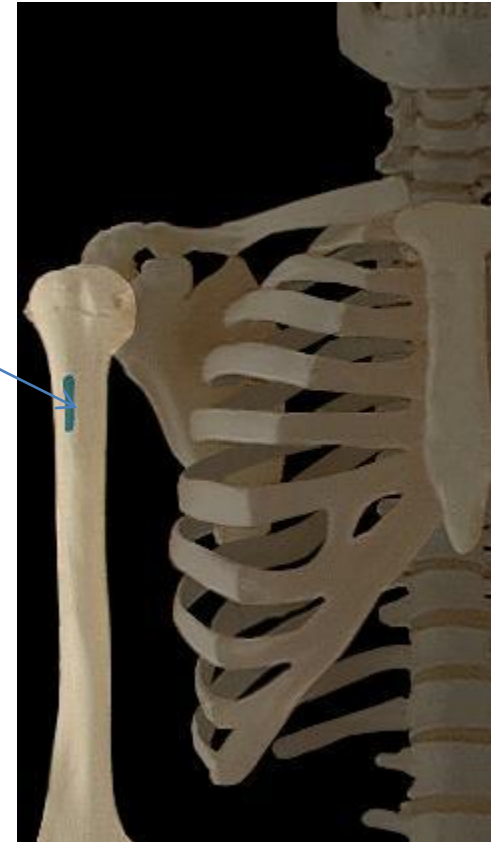


ORIGINE

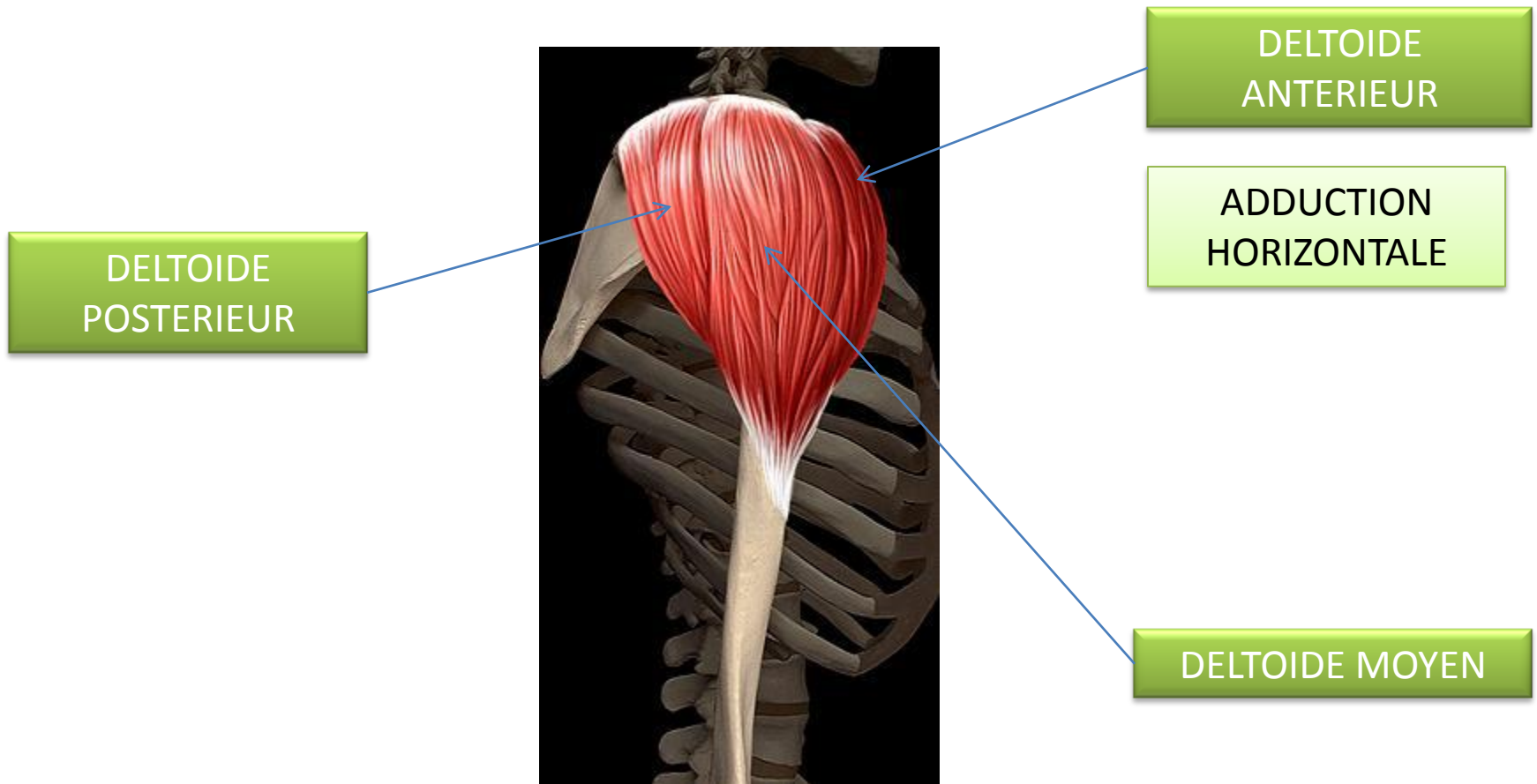
- moitié médiale clavicule
- sternum
- cotes
- gaine du droit de l'abdomen

TERMINAISON

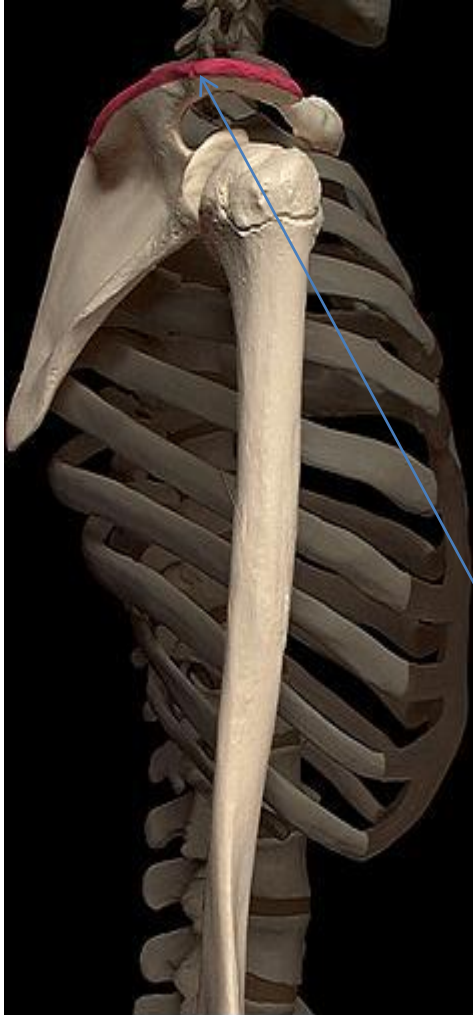
- Crête tubercule majeur de l'humerus



DELTOIDE



ORIGINE DELTOIDE



ORIGINE

DELTOIDE
ANTERIEUR

CLAVICULE

DELTOIDE MOYEN

ACROMION

DELTOIDE
POSTERIEUR

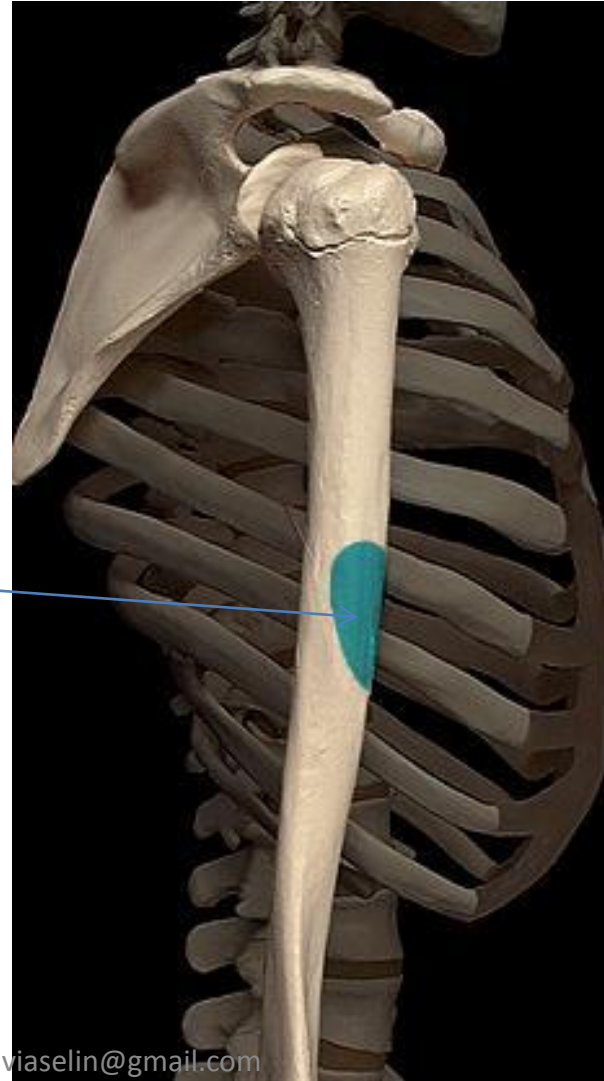
EPINE DE LA
SCAPULA



TERMINAISON DELTOIDE

TERMINAISON

Tubérosité
deltoidienne de
l'humerus



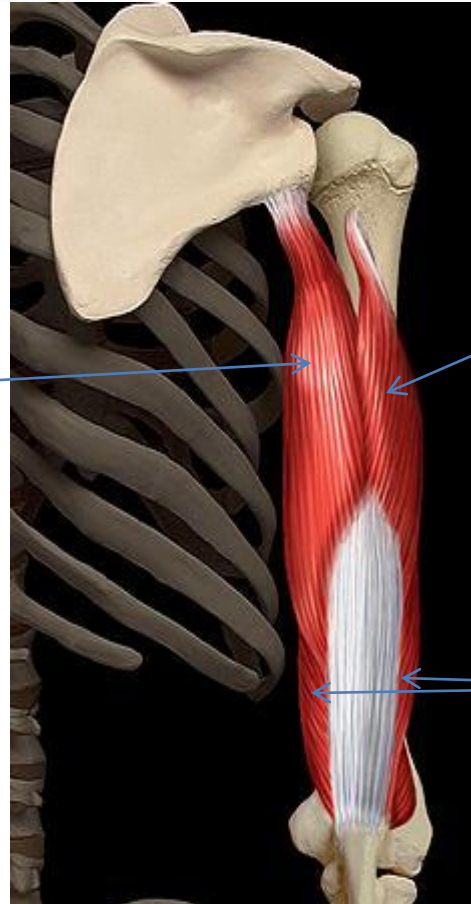
TRICEPS BRACHIAL

EXTENSION DU COUDE

CHEF LONG

CHEF LATERAL

CHEF MEDIAL



TRICEPS BRACHIAL

vianney.schun-viaselin@gmail.com

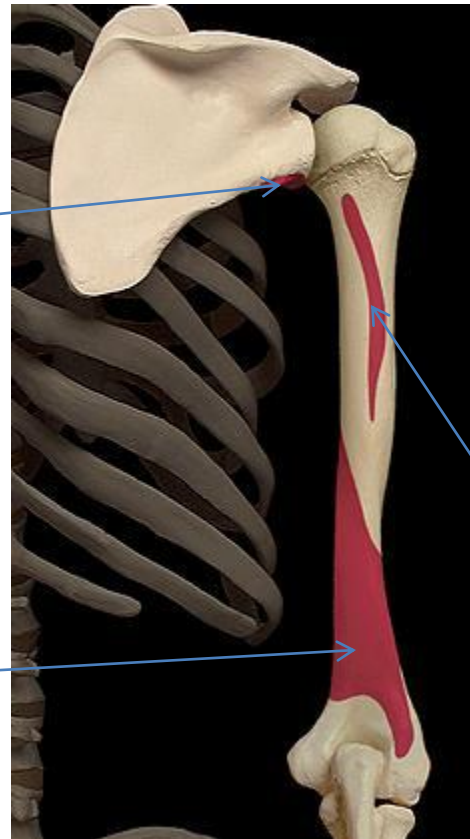
ORIGINE TRICEPS BRACHIAL

CHEF LONG

Tubercule
infraglenoïdale de la
scapula

CHEF MEDIAL

Moitié distale de
l'humerus



CHEF LATERAL

Moitié proximo
médiane de l'humerus

TERMINAISON TRICEPS BRACHIAL

Olécrane de l'ulna

